

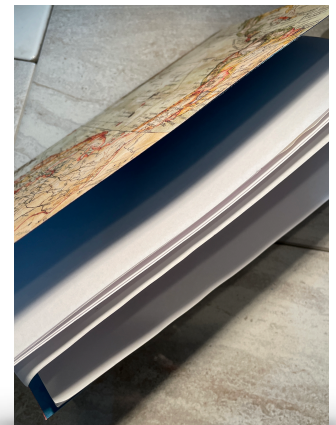
Lingering Over His Word

Using Creative Techniques



HANDMADE JOURNAL for
scripture writing prayers, etc.

**Using 3 or 5-hole Pamphlet
binding**



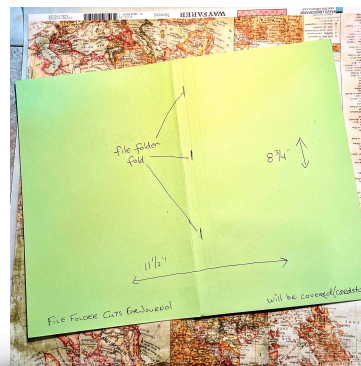
**3. Group six to eight
sheets of 8.5" x 11"
paper and fold to
8.5" x 5.11" (copy/
lined/graph/dot
paper or a variety of
each)**

**Insert into cover.
Trim edges if
necessary.**

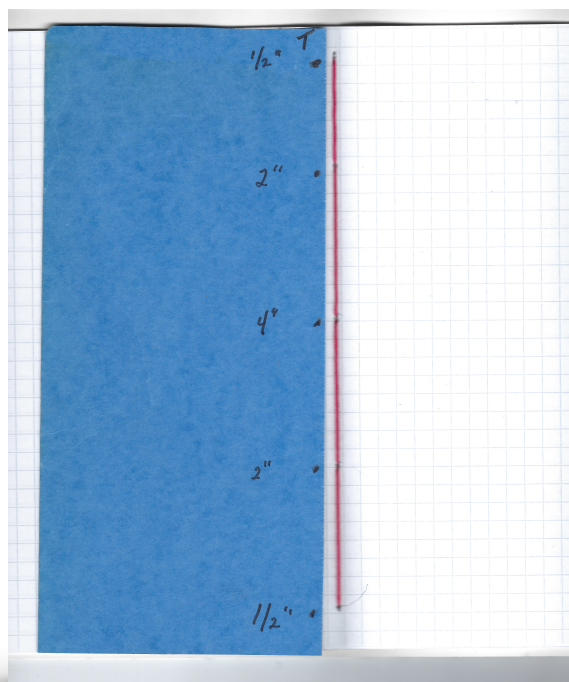


**1. Buy colorful file
folders, or recycle a used
one, and embellish with
colorful papers, paints,
etc.**

**2. Trim file folder to 8-3/4" x
11-1/2" take advantage of the
folder's scored fold - make a
template of that to use for a
future journal. Fold in half.**



**Mark top of each
page including cover
with a T so you keep
them all in order
(erase T later)**



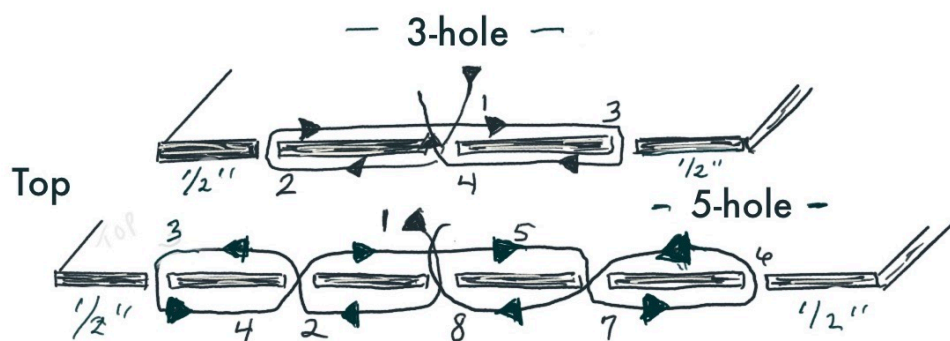
4. Make a strip of card stock that is the same height as the page inserts (signature), Mark from top at 1/2", 2" , 4" and 1/2" from bottom. Mark holes on inside of signature (according to stitches you want to do. 1/2", 4" and 1/2" from bottom for 3-hole. Use all holes for 5-hole pattern.

5. Center the signature inside the cover, clip together on both sides and punch holes through all pages and cover, being careful to keep your holes on the fold. When done, follow sewing instructions.

6. Use waxed thread, embroidery floss, or even waxed dental floss, and a needle that fits easily through the holes (not too big of an eye).

Follow sewing guide numbers. If you start on the inside center hole, the tails will be on the inside.

If you start on the outside center hole, they will be on the outside for adding beads, etc.



Starting inside book center hole....trim thread tie off with square knot and smooth thread ends



7. Add pockets to the inside covers